



Grass Volleyball Rules Co-ed 4's

- Players can set the serve
- Players can set free balls
- Player cannot set over the net
- No open hand tips
- Ball can hit the net on a serve
- Block does not count as a first contact
- Players can not touch any part of the net with their body –call your own net fouls
- Anyone can attack from anywhere on the court
- Teams must follow a consistent serving sequence
- Switch sides every 10 points
- Guys can block girls
- Must have at least 1 guy or girl on the court at all times
- Games go to 21 – win by two no cap
- Full game counts at 2 points
- Partial game counts as 1 point (scores must add up to 15 points)
- Winning team marks down scores. Missing scores equals zero points!
- Finish first in your pool, move up one pool
- Finish last in your pool, move down one pool
- Playoff ranking based on cumulative season results
- If a disagreement occurs regarding a rule call a re-serve
- HAVE FUN!

Grass Volleyball Rules Reverse 2's

- No touching the net at any point
- Block does not count as a first contact
- No open hand tipping
- No setting a free ball
- No setting the serve
- No setting over
- Men must hit from behind the attack line
- Men cannot block women; women can block men
- Men must attack from below the height of the nets when inside the 3-meter line; ball must cross opponent's 3-meter line
- Women can attack from anywhere on the court
- Men can attack over-bump (1st or 2nd hit only)
- Games go to 21 – win by two no cap
- Full game counts at 2 points
- Partial game counts as 1 point (scores must add up to 15 points)
- Winning team marks down scores. Missing scores equals zero points!
- Finish first in your pool, move up one pool
- Finish last in your pool, move down one pool
- Playoff ranking based on cumulative season results
- If a disagreement occurs regarding a rule call a re-serve
- HAVE FUN!